



Lesson 3

Tuesday, April 8, 2025

Online Bible Study

6:30 pm

Streaming at stmatthewame.org/streaming

YouTube - [@stmatthew336](https://www.youtube.com/@stmatthew336) Facebook Live - [@stmatthewamechurch](https://www.facebook.com/stmatthewamechurch)

Zoom Meeting ID 973 678 1217, Passcode 6781293

Call-In 929-205-6099, Meeting ID 973 678 1217

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I. Take a Look at The Outline Cover

II. We Cannot Do This Study Without Seriously Considering The Information in The Chapters, So Let's Look At...

CHAPTER 5

III. The Poison of Complaint

1. Definition of complain: to lament; to utter expressions of resentment; to murmur; to find fault, to utter expressions of pain
2. "People complain about almost everything and anything."
3. What's wrong with complaining?
 - a. It quenches the Spirit of the Lord
 - b. Not Godly language
 - c. Disconnects our line of communication with God and God's line of communication with us
 - d. It affects everyone around us
 - e. Spreads like a virus
4. There are many ways to complain (page 60)

5. **“There is a legitimate difference between our lamentations before the Lord born out of sorrow, grief, and need and the self-centered complaints drawn from issues of entitlement and ingratitude.”**

6. “The Silent Complaint,” nonverbal actions and sounds that help us to seek validation in our pain

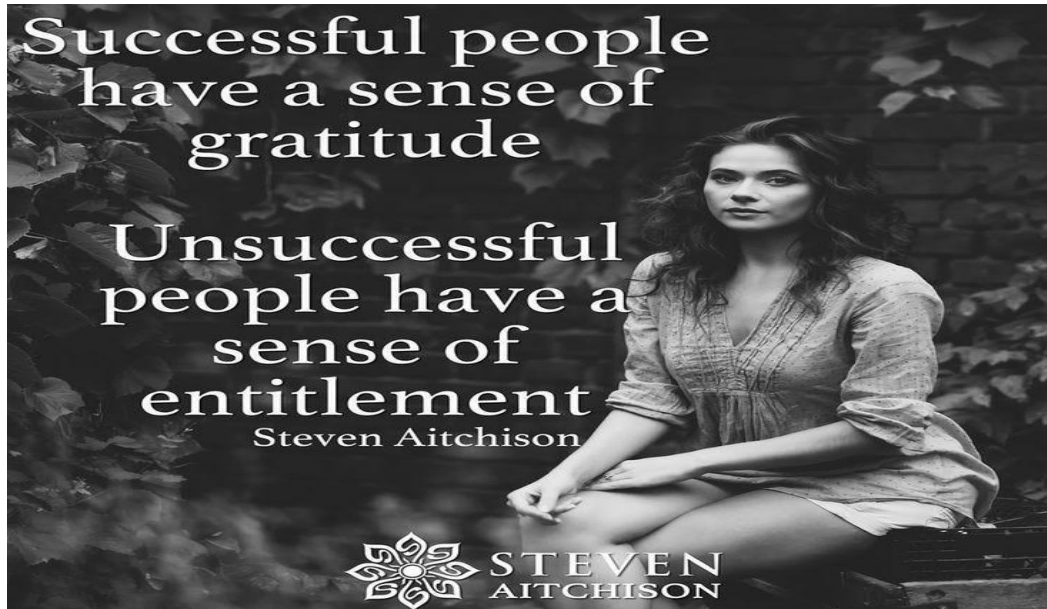
7. “Group Grumbling”

8. Why do we complain?

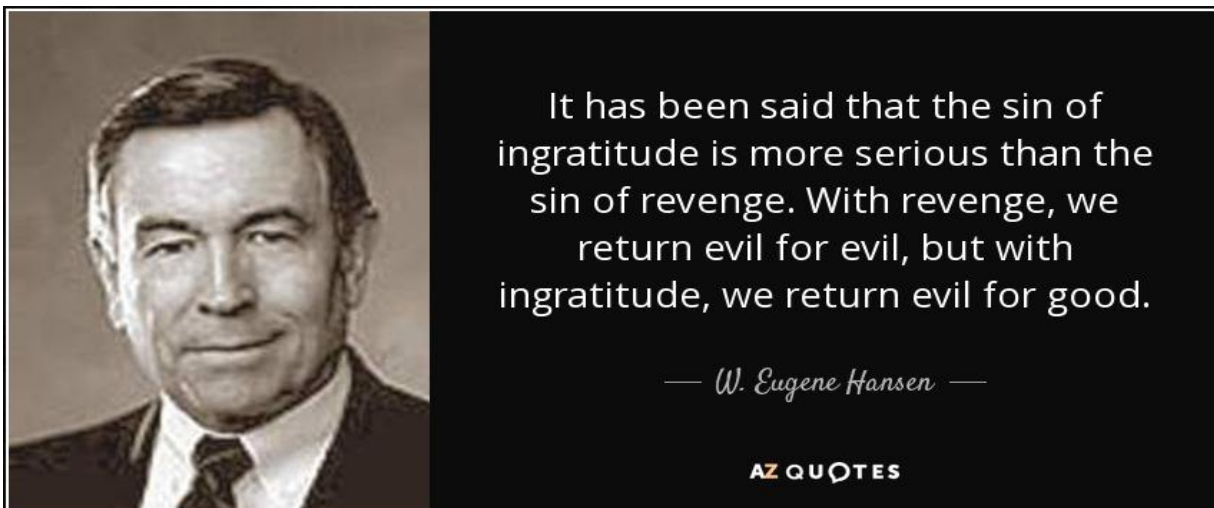
a. Lack of memory of what God has done in the past

b. Never satisfied with what we have and where we are

- **Entitlement.** We’re ungrateful for what we have and think we deserve more.



- **Ingratitude.** We don’t trust in God’s goodness.



16 Signs You Have a Sense of Entitlement

1. **Belief in Special Treatment:** Thinking you deserve preferential treatment compared to others.
 2. **Low Disappointment Threshold:** Overreacting when things don't go your way.
 3. **Blaming Others:** Constantly blaming others for problems instead of taking responsibility.
 4. **Fear of Responsibility:** Avoiding accepting responsibility for your actions.
 5. **"The World Owes Me" Mentality:** Believing the world owes you something.
 6. **Ignoring Rules:** Thinking rules don't apply to you.
 7. **Others' Responsibility:** Expecting others to make you happy.
 8. **Jealousy:** Easily becoming jealous of others' success or attention.
 9. **Lack of Gratitude:** Not appreciating what you have.
 10. **Victim Mentality:** Acting like a victim and placing blame externally.
 11. **Prioritizing Needs:** Putting your own needs before others.
 12. **Lack of Empathy:** Being unconcerned about how your actions affect others.
 13. **Insecurity:** Secretly struggling with insecurity despite appearing confident.
 14. **Bragging:** Excessively bragging about accomplishments.
 15. **Black-and-White Thinking:** Viewing situations in extreme terms (all good or all bad).
 16. **Need for Control:** Having a strong need to control situations and people.
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9. How to Avoid Complaining?
 - a. Don't let the negative drown out the positive
 - b. Find something to be grateful and thankful about
 - c. Give praise to God!
 - d. Look for the good.

IV. The Daily Readings*

My daily Lenten numbering for our reading is off because I mistakenly included Sundays. Sundays are not counted in the 40 days of Lent. My bad!

Day	Date	Key Words
Day 22	March 26	You are snared with the words of your mouth. Proverbs 6:2-3

Day	Date	Key Words
Day 23	March 27	These things ought not be so. James 3:8-10
Day	Date	Key Words
Day 24	March 28	He answered me. Psalm 3:4
Day	Date	Key Words
Day 25	March 29	His word was on my tongue. 2 Samuel 23:2
Day	Date	Key Words
Day 26	March 30	Nor will my tongue mutter deceit. Job 27:4
Day	Date	Key Words
Day 27	March 31	But let your "Yes" be "Yes" and your "No" be "No." James 5:12
Day	Date	Key Words
Day 28	April 1	But we will boast in the name of the Lord, our God. Psalm 20:7
Day	Date	Key Words
Day 29	April 2	Your lips may keep knowledge. Proverbs 5:2
Day	Date	Key Words
Day 30	April 3	My mouth has not transgressed. Psalm 17:3
Day	Date	Key Words
Day 31	April 4	The hearts of the wise. Proverbs 16:23
Day	Date	Key Words
Day 32	April 5	Sweet to the soul. Proverbs 16:24
Day	Date	Key Words
Day 33	April 6	Their religion is worthless. James 1:26
Day	Date	Key Words
Day 34	April 7	Swift to hear, slow to speak. James 1:19

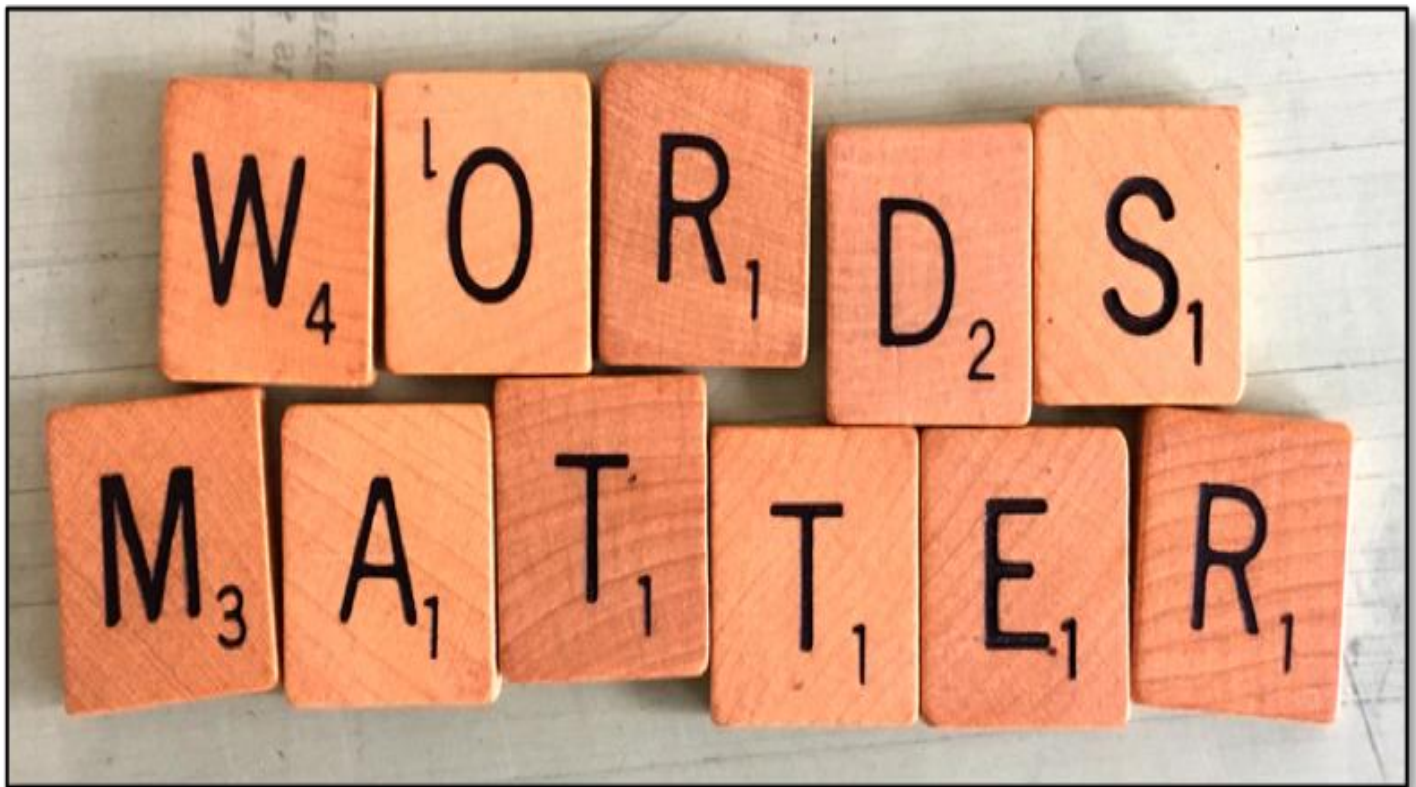
Day	Date	Key Words
Day 35	April 8	Keeps a secret. Proverbs 11”13

V. Lessons from Day 35

- A. We don't want to be repositories for gossip.
- B. Can we be trusted to keep confidence?
- C. Don't mask a secret in prayer as a way to indicate that you know something!
- D. Rev. Leslie and I do not share confidential information that you tell us with each other

VI. Next Week

- A. Review of Chapter 6
- D. Remember...





United in Friendship. Committed to Service.
Essex County (NJ) Chapter



God's Love for God's People
Renew • Refresh • Renew • Restore

Sunday April 13th, 2025

Join us for the
9am Palm Sunday Service
followed by the

Black K.A.R.E.

HEALTH FAIR

11:00am-1:30pm

Saint Matthew Church

336 Oakwood Ave, Orange NJ 07050



SCAN ME

Register Today!
Scan the QR
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<https://bit.ly/4bP5DJE>

Event Highlights

- Health Screenings
- Fuel Up Juice Bar
- Cool Science Experiments
- Fuel & Feel Good Boards
- Delicious Food



black K.A.R.E.

